

KRONISK LUFTVÄGSOBSTRUKTION
HOS VUXNA
VILKA VÄGAR LEDER DIT?

LUNGAN GENOM LIVET

Stockholm 230329

Magnus Sköld

MY DISCLOSURES

- research grants
 - Boehringer Ingelheim,
 - Roche
 - Sandoz
- consultancy or speaker fees
 - AstraZeneca, Boehringer Ingelheim, GlaxoSmithKline, Meda, Novartis, Mundipharma, Sandoz, Chiesi, Almirall, Intermune and Roche.

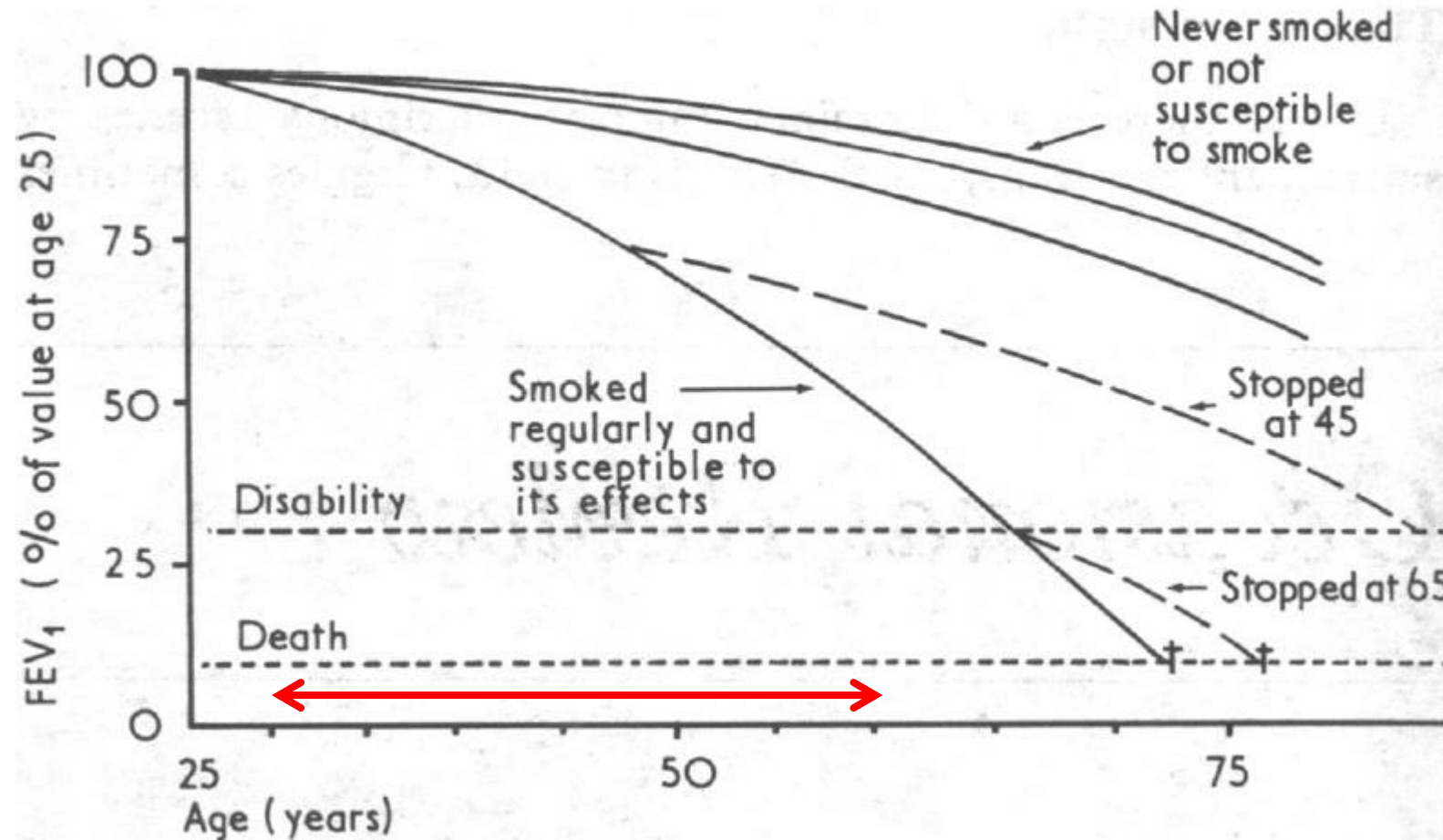
AGENDA

- KOL – naturalförlopp
- KOL – definition
- Fenotyper – SCAPIS
- KOL hos aldrigrökare
- Vägar till kronisk luftvägsobstruktion
- Sammanfattning

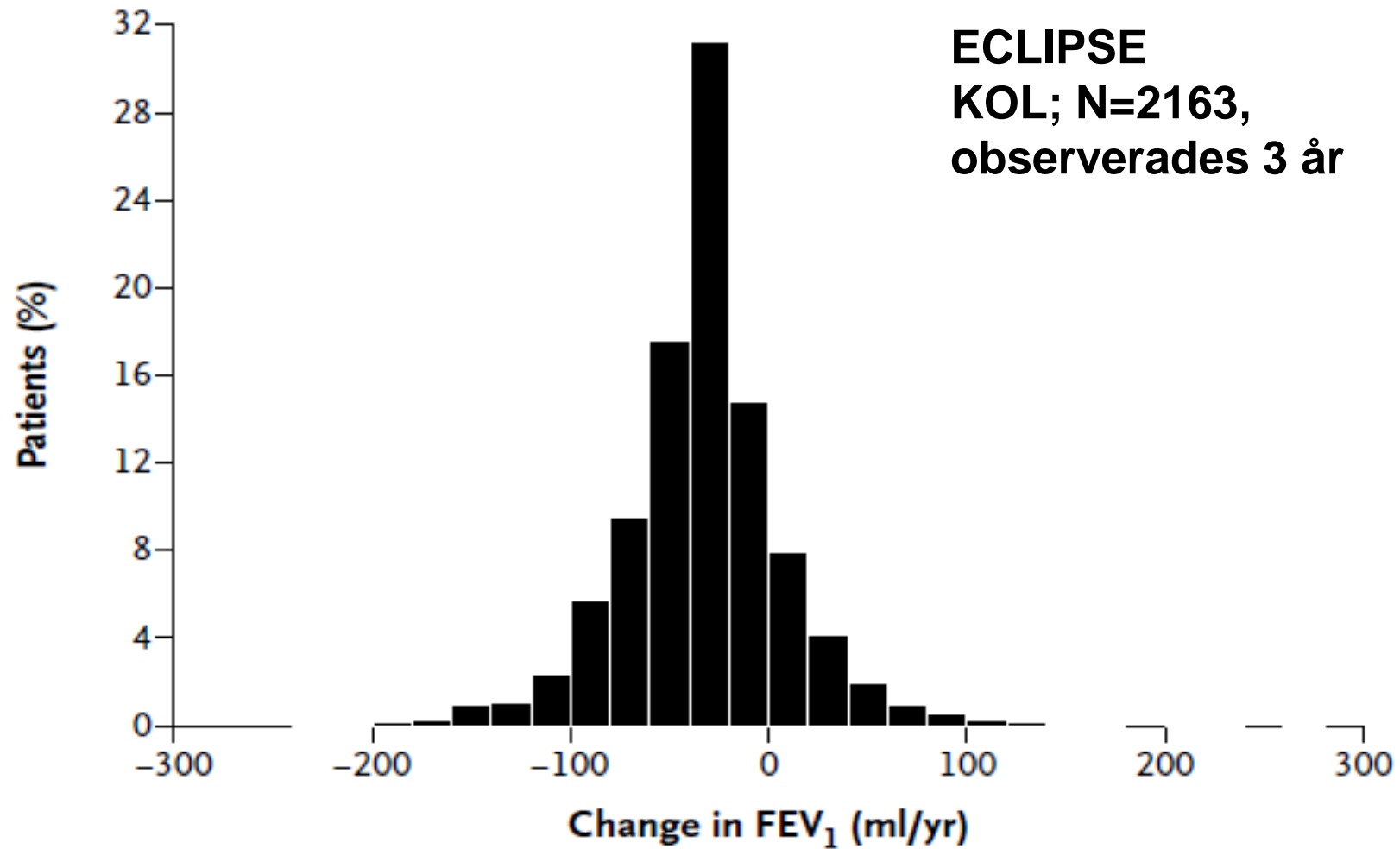
KOL: NATURALFÖRLOPP

The natural history of chronic airflow obstruction

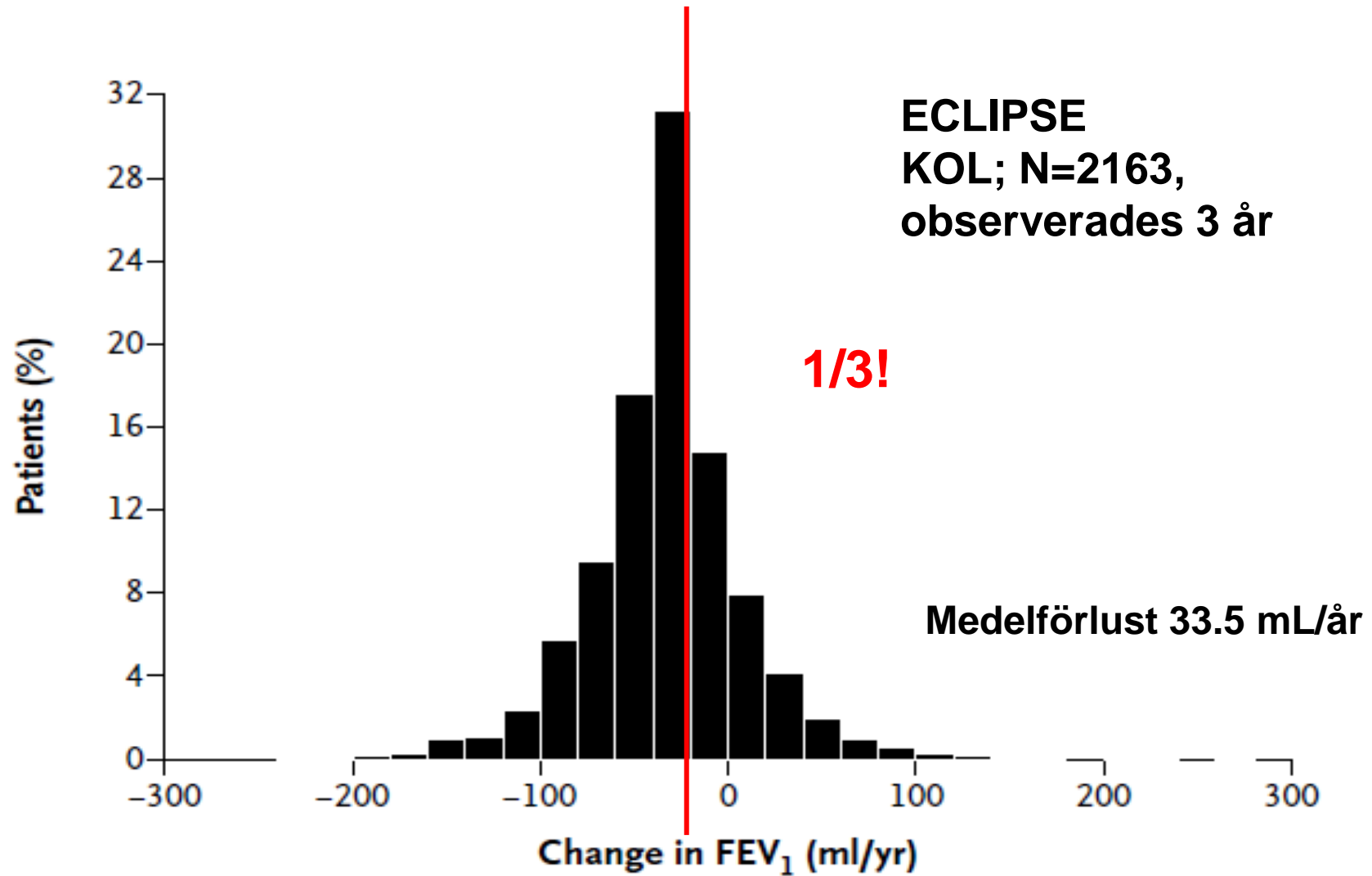
CHARLES FLETCHER, RICHARD PETO



FÖRÄNDRING AV FEV₁ ÖVER TID

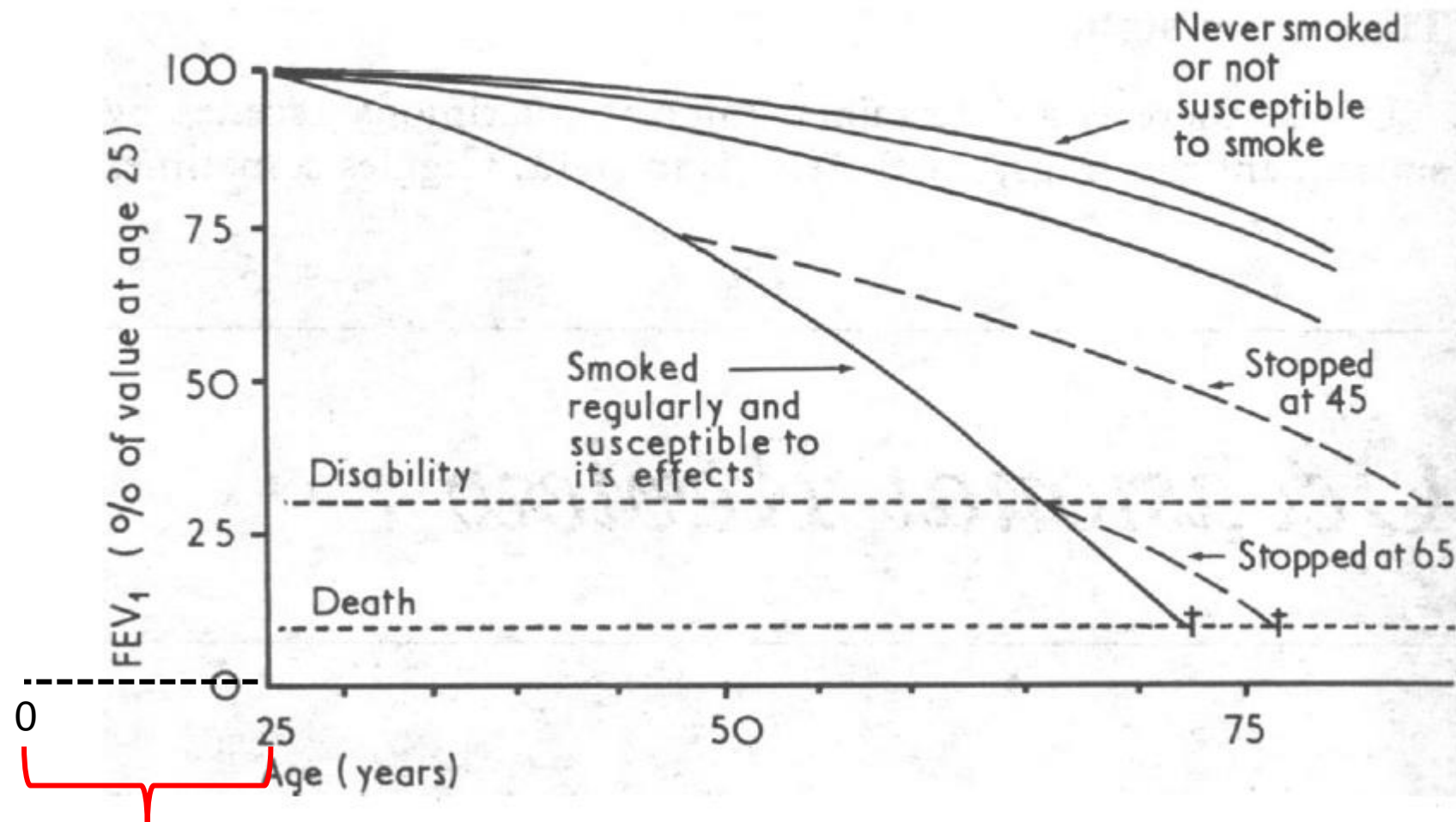


FÖRÄNDRING AV FEV₁ ÖVER TID



The natural history of chronic airflow obstruction

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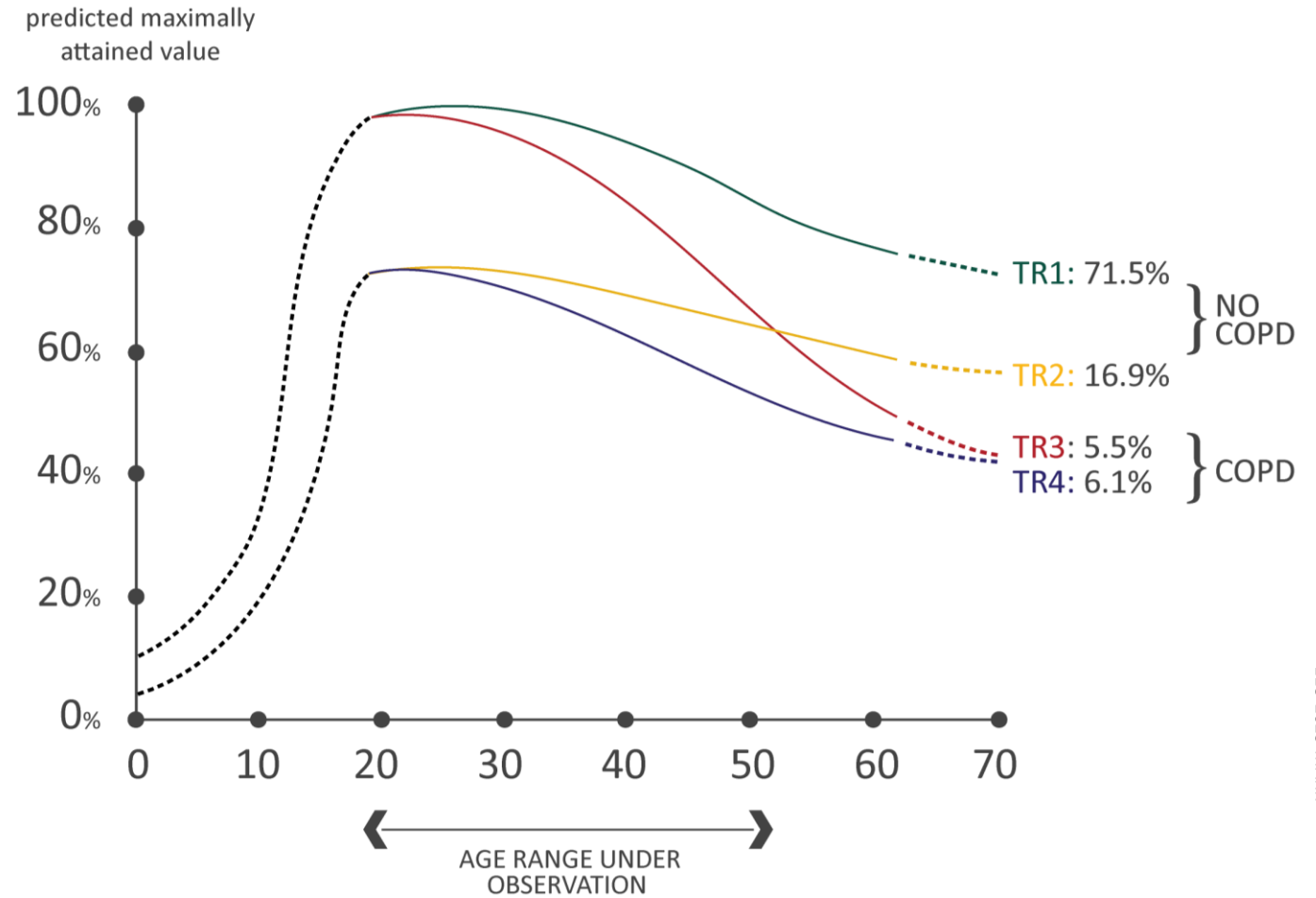


VAD HÄNDER HÄR?

Lung-Function Trajectories Leading to Chronic Obstructive Pulmonary Disease

Peter Lange, M.D., Dr. Med. Sc., Bartolome Celli, M.D., Alvar Agustí, M.D., Ph.D.,
Gorm Boje Jensen, M.D., Dr. Med. Sc., Miguel Divo, M.D., Rosa Faner, Ph.D., Stefano Guerra, M.D., Ph.D.,
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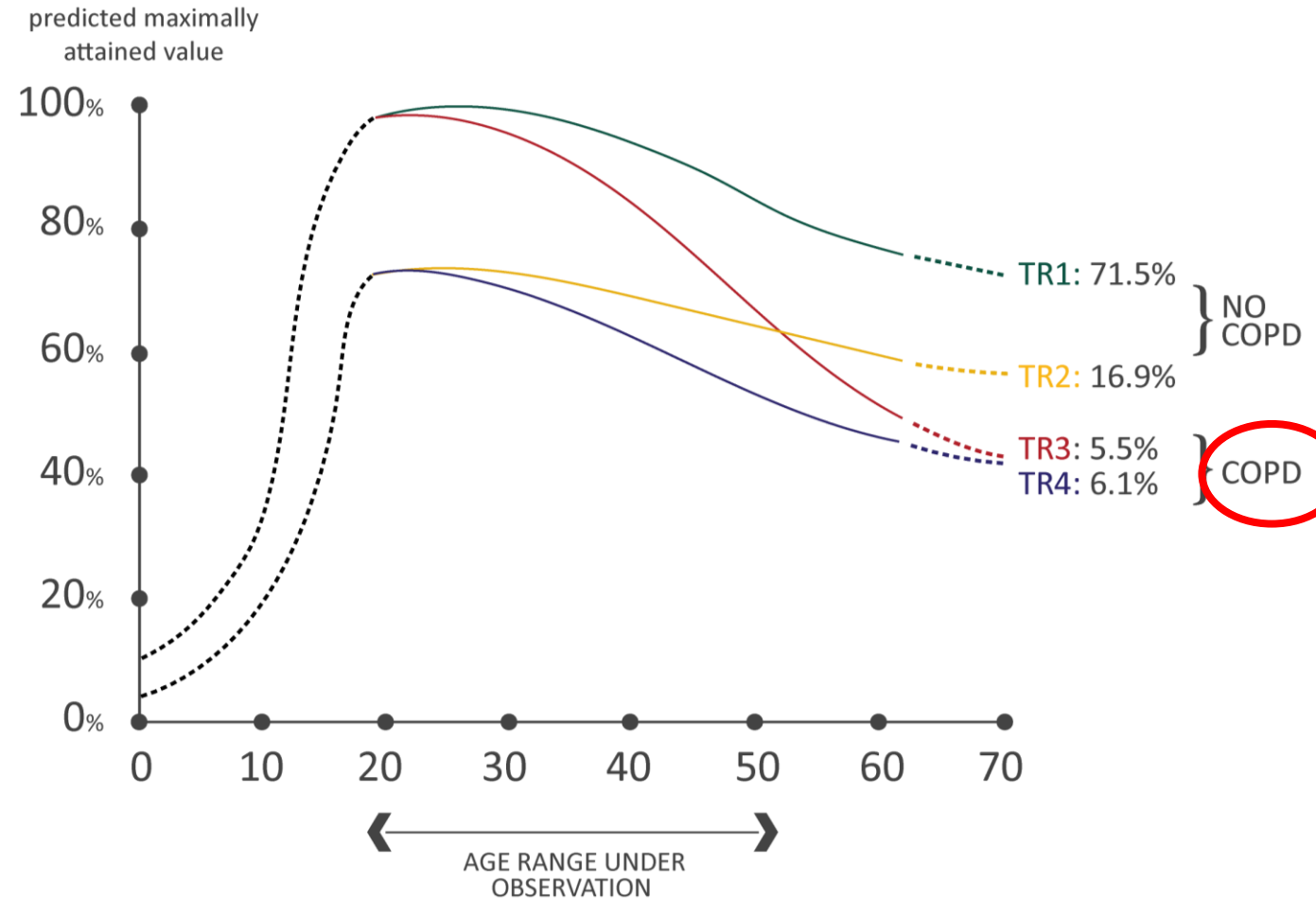
Framingham Off-spring Cohort }
Copenhagen City Heart Study } **n=4417**
Lovelace Smokers Cohort } **22 years follow-up**



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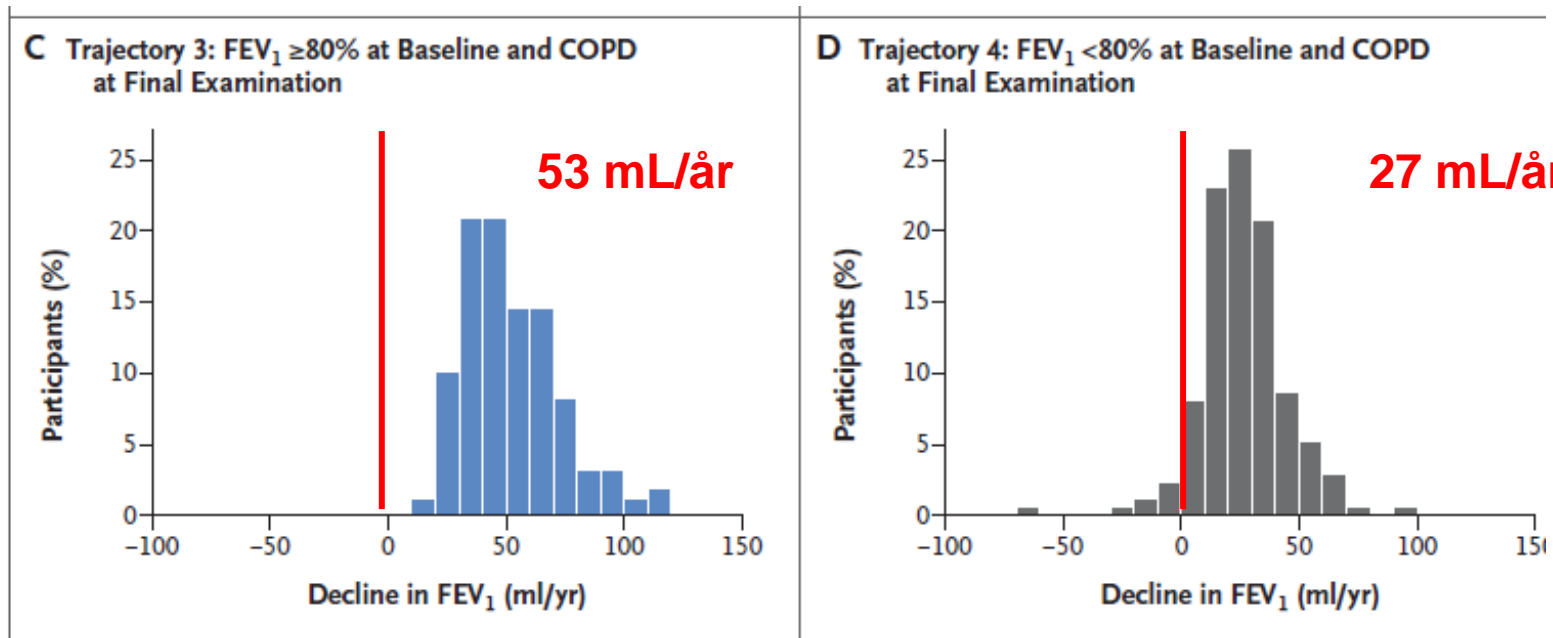
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Lungfunktionsförlust per år hos de som utvecklade KOL



KOL: DEFINITION

KOL DEFINITION (GOLD 2022)

- Chronic Obstructive Pulmonary Disease (COPD) is a common, preventable and treatable disease that is characterized by **persistent respiratory symptoms** and **airflow limitation** that is due to airway and/or alveolar abnormalities **usually caused by significant exposure to noxious particles or gases** and influenced by host factors including abnormal lung development. Significant comorbidities may have an impact on morbidity and mortality

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DIAGNOS KOL BYGGER PÅ TRE DELAR

-luftvägsobstruktion

-symtom

-exponering

GOLD 2023

WHAT IS COPD?

Definition

Chronic Obstructive Pulmonary Disease (COPD) is a heterogeneous lung condition characterized by chronic respiratory symptoms (dyspnea, cough, sputum production) due to abnormalities of the airways (bronchitis, bronchiolitis) and/or alveoli (emphysema) that cause persistent, often progressive, airflow obstruction.⁽¹⁾

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Causes and risk factors

COPD results from gene(G)-environment(E) interactions occurring over the lifetime(T) of the individual (GETomics) that can damage the lungs and/or alter their normal development/aging processes.⁽²⁾

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The main environmental exposures leading to COPD are tobacco smoking and the inhalation of toxic particles and gases from household and outdoor air pollution, but other environmental⁽³⁾ and host factors (including abnormal lung development and accelerated lung aging) can also contribute.⁽²⁾

'JTE

Proposed Taxonomy (Etiotypes) for COPD

Table 1.1

Classification	Description
Genetically determined COPD (COPD-G)	Alpha-1 antitrypsin deficiency (AATD) Other genetic variants with smaller effects acting in combination
COPD due to abnormal lung development (COPD-D)	Early life events, including premature birth and low birthweight, among others
Environmental COPD	
Cigarette smoking COPD (COPD-C)	<ul style="list-style-type: none"> • Exposure to tobacco smoke, including <i>in utero</i> or via passive smoking • Vaping or e-cigarette use • Cannabis
Biomass and pollution exposure COPD (COPD-P)	Exposure to household pollution, ambient air pollution, wildfire smoke, occupational hazards
COPD due to infections (COPD-I)	Childhood infections, tuberculosis-associated COPD, WHIV-associated COPD
COPD & asthma (COPD-A)	Particularly childhood asthma
COPD of unknown cause (COPD-U)	

*Adapted from Celli et al. (2022) and Stolz et al. (2022)



SCAPIS

Swedish CArdioPulmonary bioImage Study

SCAPIS

30 154 kvinnor och män, 50 - 64 år,
Undersöktes 2013 - 2018

Slumpvist utvalda

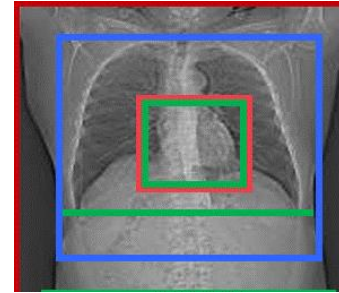
Sex universitet

www.scapis.org

“Minska risken för hjärt-
kärl och lungsjukdomar
för framtida
generationer”



SCAPIS SWEDISH
CARDIOPULMONARY
BIOIMAGE STUDY



Identification of vulnerable plaques

- ✓ CTA
- ✓ Ultrasound (carotid artery)
- ✓ MRI (carotid artery)

Visceral adipose tissue, epicardial and liver fat

- ✓ CT

Structural changes in lung tissue

- ✓ CT

Baseline survey includes:

- ✓ Blood tests (Hb, HbA1c, glucos, TG, Chol, HDL, LDL, hsCRP and creatinin)
- ✓ Anthropometry
- ✓ Blood pressure, ankle-arm index
- ✓ Activity measurement (Actigraph)
- ✓ Lung function tests (spirometry, CO-diff)
- ✓ ECG
- ✓ Detailed questionnaire - Environmental and socioeconomic factors, diet

Local and central biobank for blood and urine analyses

Follow-up via national registries

- ✓ Morbidity
- ✓ Mortality



Huvudfinansier av SCAPIS

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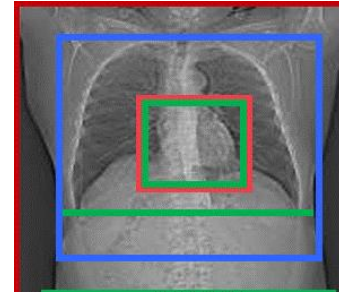
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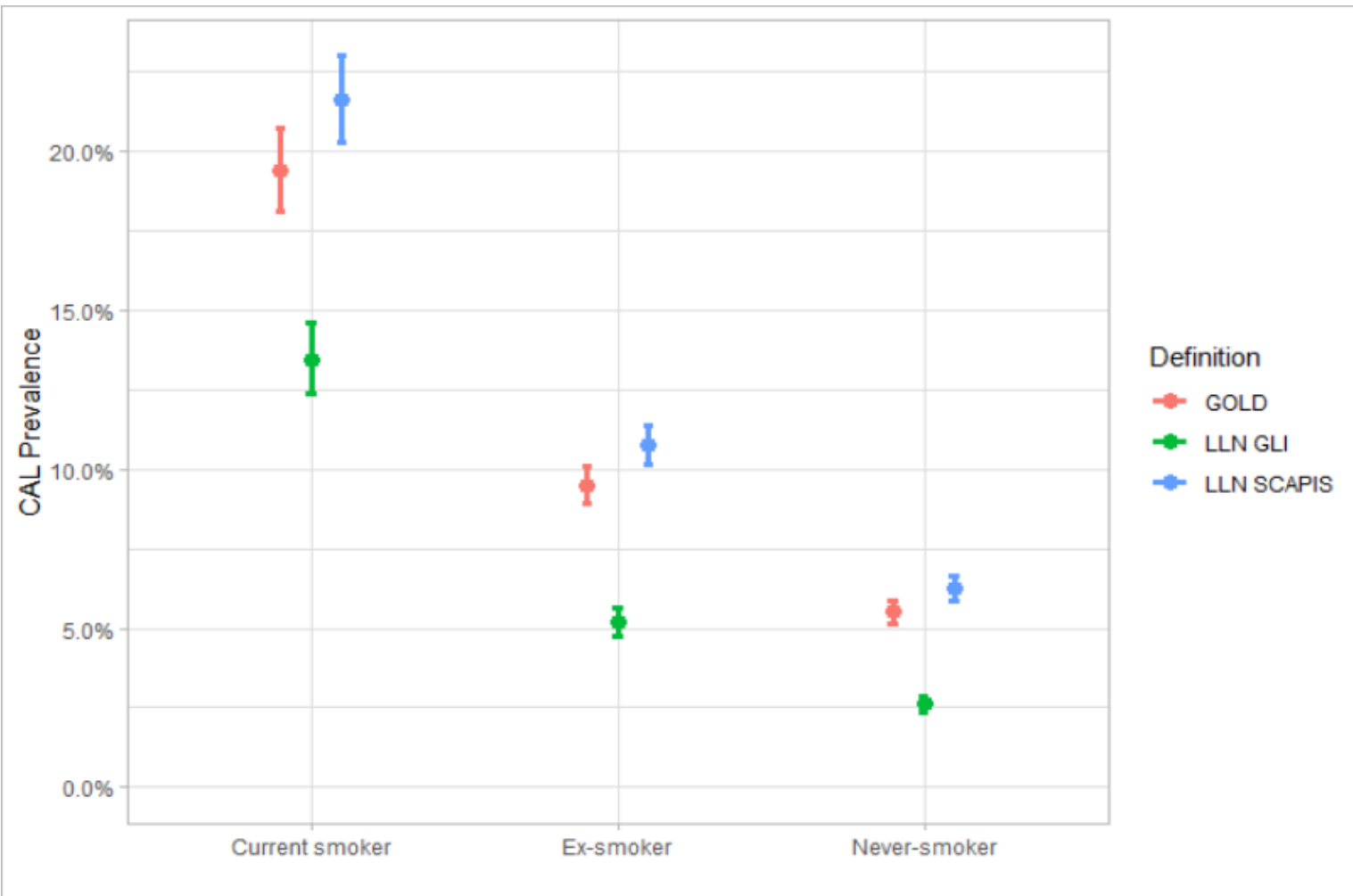
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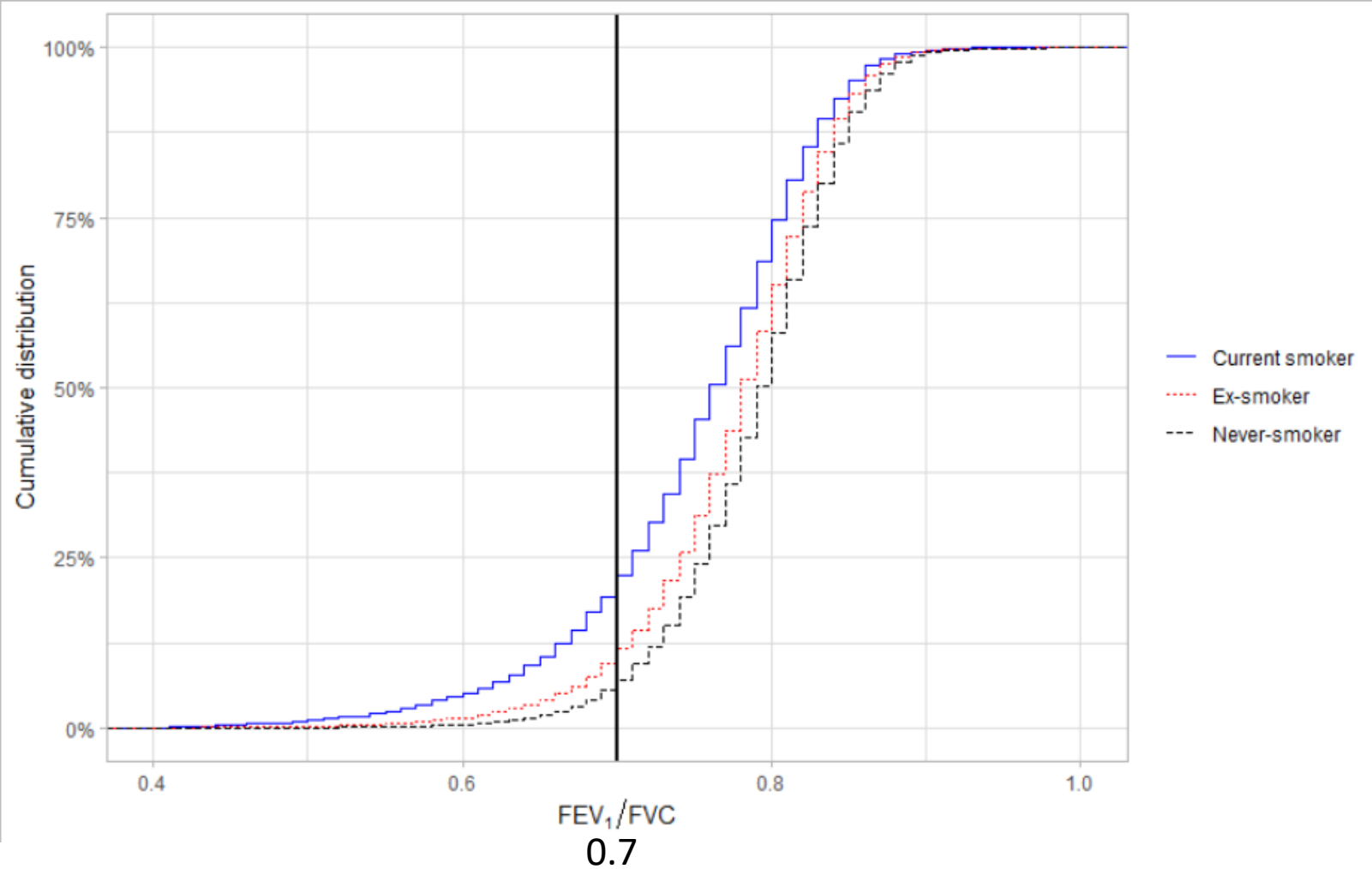


Huvudfinansier av SCAPIS

PREVALENS AV KOL – DATA FRÅN SCAPIS



KUMULATIV DISTRIBUTION AV FEV₁/FVC I SCAPIS



Breathlessness

No CAL	Reference	1.29 (1.13, 1.47)	1.61 (1.34, 1.91)	
CAL		1.72 (1.22, 2.28)	3.00 (2.43, 3.65)	4.48 (3.62, 5.40)
	Never-smoker	Ex-smoker	Current smoker	

Chronic bronchitis

No CAL	Reference	1.23 (1.08, 1.40)	2.26 (1.93, 2.62)	
CAL		1.98 (1.47, 2.52)	2.74 (2.19, 3.36)	5.26 (4.34, 6.25)
	Never-smoker	Ex-smoker	Current smoker	

Wheeze

No CAL	Reference	1.50 (1.34, 1.68)	3.70 (3.29, 4.16)	
CAL		3.43 (2.80, 4.12)	4.26 (3.59, 4.97)	8.86 (7.73, 10.10)
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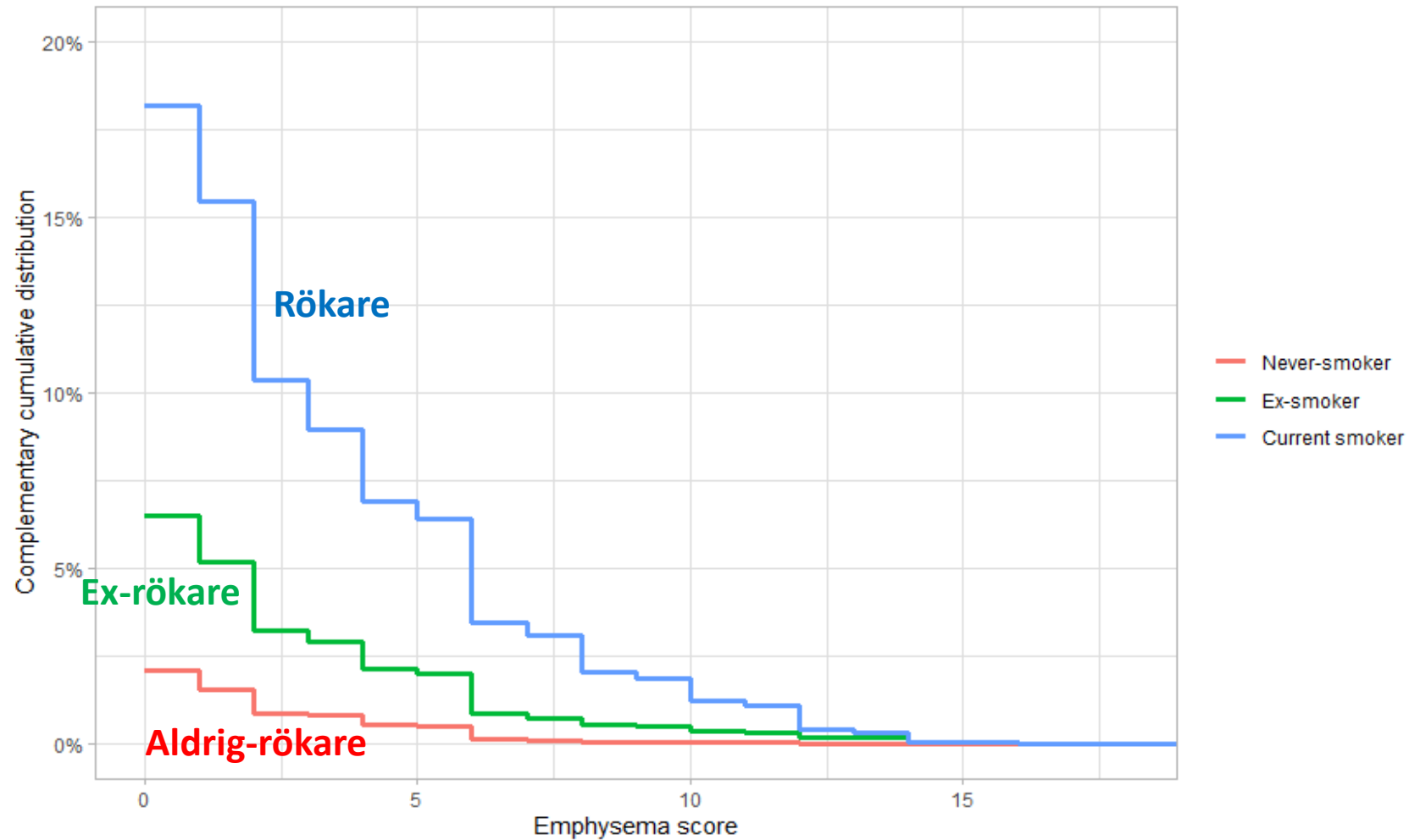
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	Never-smoker	Ex-smoker	Current smoker

No emphysema	Reference	1.32 (1.13, 1.50)	1.77 (1.49, 2.15)
Emphysema	0.81 (0.27, 1.35)	2.50 (1.92, 3.12)	3.40 (2.67, 4.33)
	Never-smoker	Ex-smoker	Current smoker

No emphysema	Reference	1.24 (1.08, 1.40)	2.44 (2.18, 2.82)
Emphysema	0.90 (0.53, 1.39)	2.19 (1.61, 2.83)	3.92 (3.01, 4.68)
	Never-smoker	Ex-smoker	Current smoker

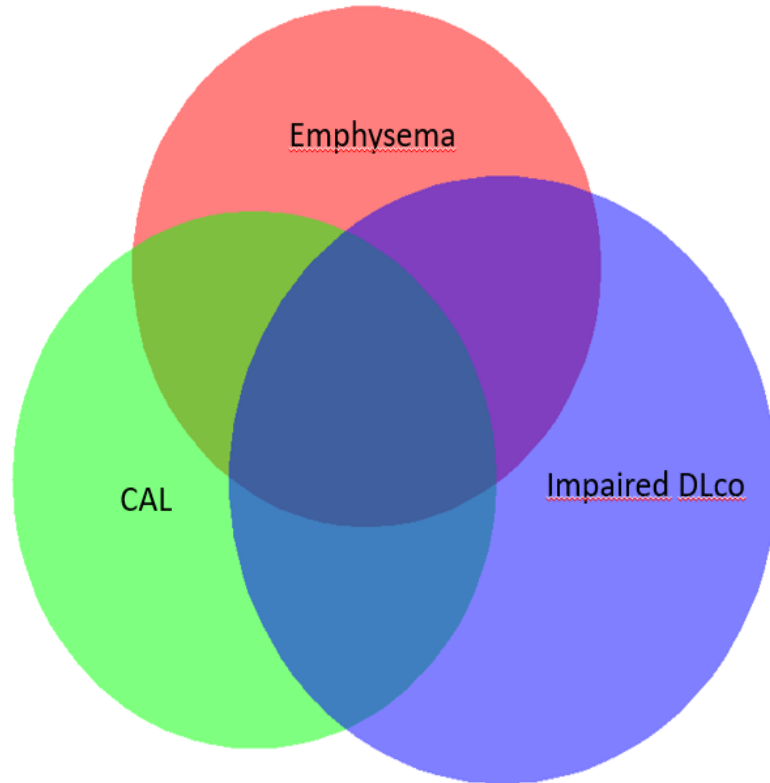
No emphysema	Reference	1.47 (1.32, 1.63)	3.82 (3.43, 4.07)
Emphysema	1.07 (0.48, 1.56)	2.18 (1.68, 2.71)	5.18 (4.38, 5.79)
	Never-smoker	Ex-smoker	Current smoker

EMFYSEM OCH RÖKHISTORIK I SCAPIS



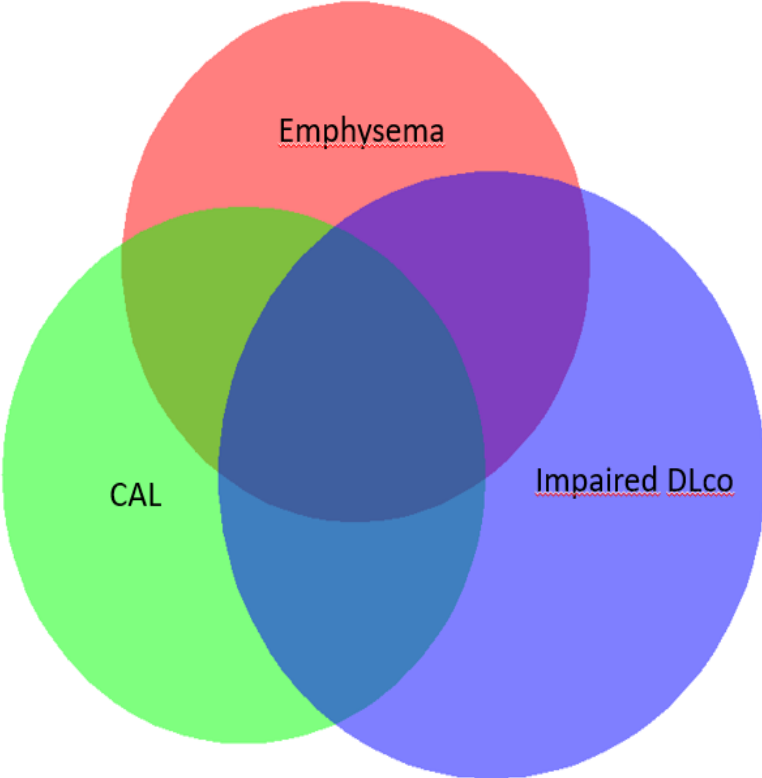
FÖRHÅLLANDE MELLAN EMFYSEM, CAL OCH NEDSATT DLCO

CURRENT SMOKERS

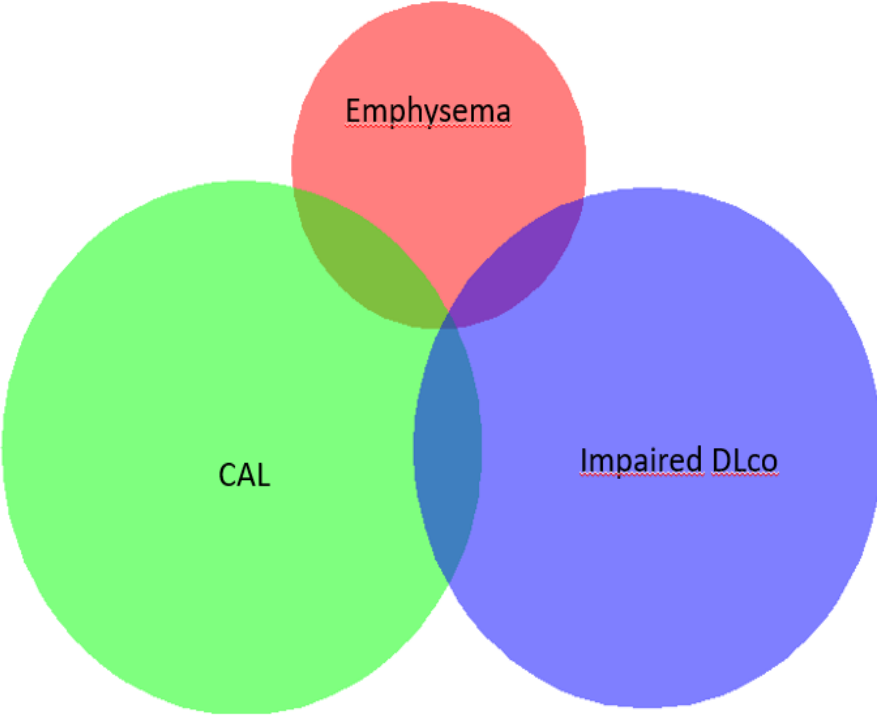


FÖRHÅLLANDE MELLAN EMFYSEM, CAL OCH NEDSATT DLCO

CURRENT SMOKERS



NEVER SMOKERS



KOL hos aldrig-rökare

	Setting (study name)	Never-smokers (n)	Definition of COPD	Prevalence of COPD in never-smokers	Prevalence of never-smokers among people with COPD
Zhou et al (2009) ⁷	China (CESCOPD)	12 471	Post-bronchodilator FEV ₁ /FVC <0.7	5%	39%
Lamprecht et al (2011) ⁸	14 countries (BOLD)	4291	Post-bronchodilator FEV ₁ /FVC <0.7	12%	28%
Hagsted et al (2012) ⁹	Sweden (OLIN)	770	Post-bronchodilator FEV ₁ /FVC <0.7	7%	20%
Perez-Padilla et al (2012) ¹⁰	Five Latin American cities (PLATINO)	2278	Post-bronchodilator FEV ₁ /FVC <0.7	4%	26%
Thomsen et al (2013) ¹¹	Denmark (Copenhagen General Population Study)	26 005	FEV ₁ /FVC <LLN	6%	22%
Smith et al (2014) ¹²	China Kadoorie Biobank	317 000	Pre-bronchodilator FEV ₁ /FVC <0.7 and <LLN	4% (females); 5% (males)	Not measured
Tan et al (2015) ¹³	Canada (CanCOLD)	2295	Pre-bronchodilator FEV ₁ /FVC <0.7 and <LLN	6%	29%
Lee et al (2016) ¹⁴	Korea (KNHANES IV and V)	8984	Post-bronchodilator FEV ₁ /FVC <0.7	7%	31%
Terzikhan et al (2016) ¹⁵	The Netherlands (Rotterdam Study)	4997	Post-bronchodilator FEV ₁ /FVC <0.7	6%	27% (females); 7% (males)
Wang et al (2018) ¹⁶	China (China Pulmonary Health study)	36 429	Post-bronchodilator FEV ₁ /FVC <0.7	6%	51%
Warkentin et al (2019) ¹⁷	UK Biobank cohort	218 892	FEV ₁ /FVC <0.7 or FEV ₁ <80% of Global Lung Initiative predicted FEV ₁ reference value	16%	Not measured

Studies published since the 2009 *Lancet* Review of COPD in non-smokers.³ BOLD=Burden of Obstructive Lung Disease. CanCOLD=Canadian Cohort of Obstructive Lung Disease. CESCOPD=Chinese Epidemiological Survey of COPD. COPD=chronic obstructive pulmonary disease. FVC=forced vital capacity. KNHANES=Korea National Health and Nutrition Examination Survey. LLN=lower limit of normal. OLIN=Obstructive Lung Disease in Northern Sweden. PLATINO=Latin American Project for the Investigation of Obstructive Lung Disease.

Table 1: Large-scale studies of COPD prevalence in never-smokers

PREVALENS KOL HOS ALDRIGRÖKARE

4-16 %

Setting (study name)			Prevalence of COPD in never-smokers	Prevalence of never-smokers among people with COPD	
Zhou et al (2009) ⁷	China (CESCOPD)		<0.7	5%	39%
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Table 1: Large-scale studies of COPD prevalence in never-smokers

PREVALENS ALDRIGRÖKARE
HOS DE MED KOL
7-51 %

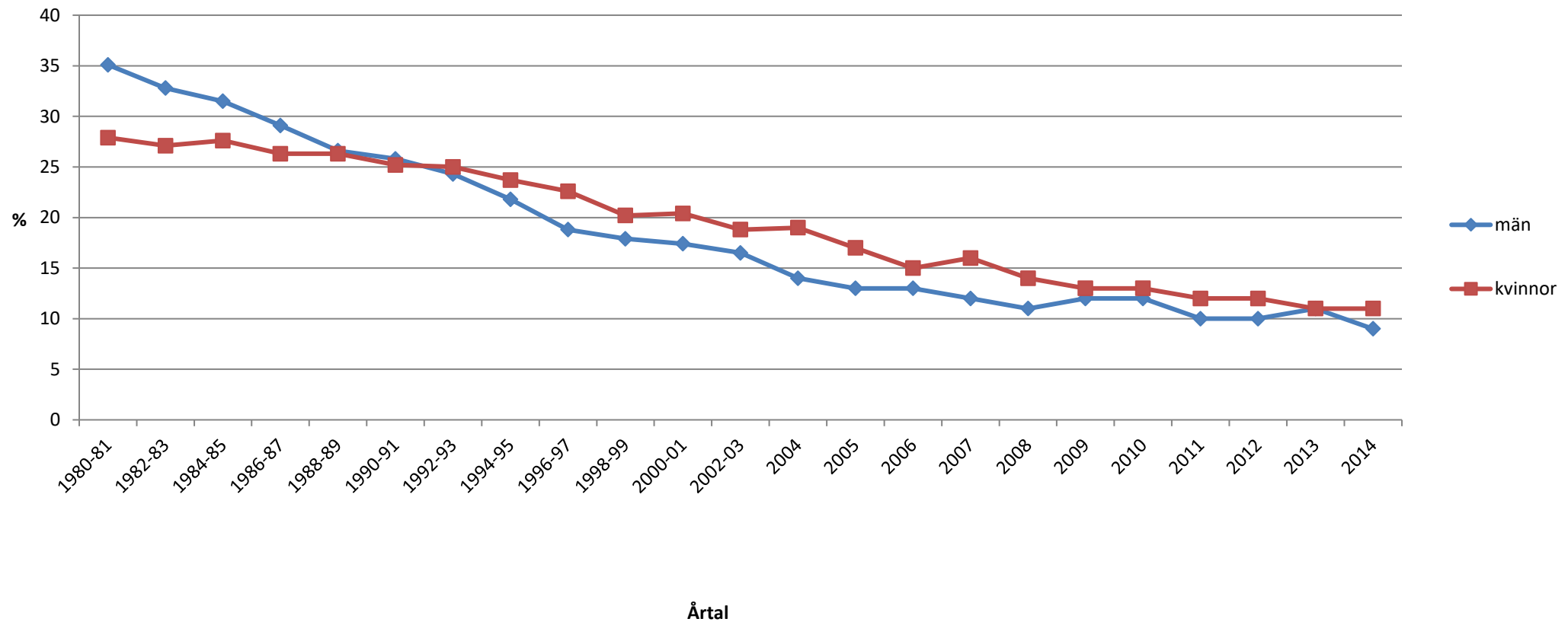
HUR VANLIGT?

• KOL	10%
• KOL aldrig-rökare	2-3%
• Hjärtsvikt	2%
• Förmaksflimmer	2-3%
• Ledgångsreumatism	1%
• Inflammatorisk tarmsjukdom	<1%

JÄMFÖRELSE KOL RÖKARE/EXRÖKARE - ALDRIGRÖKARE

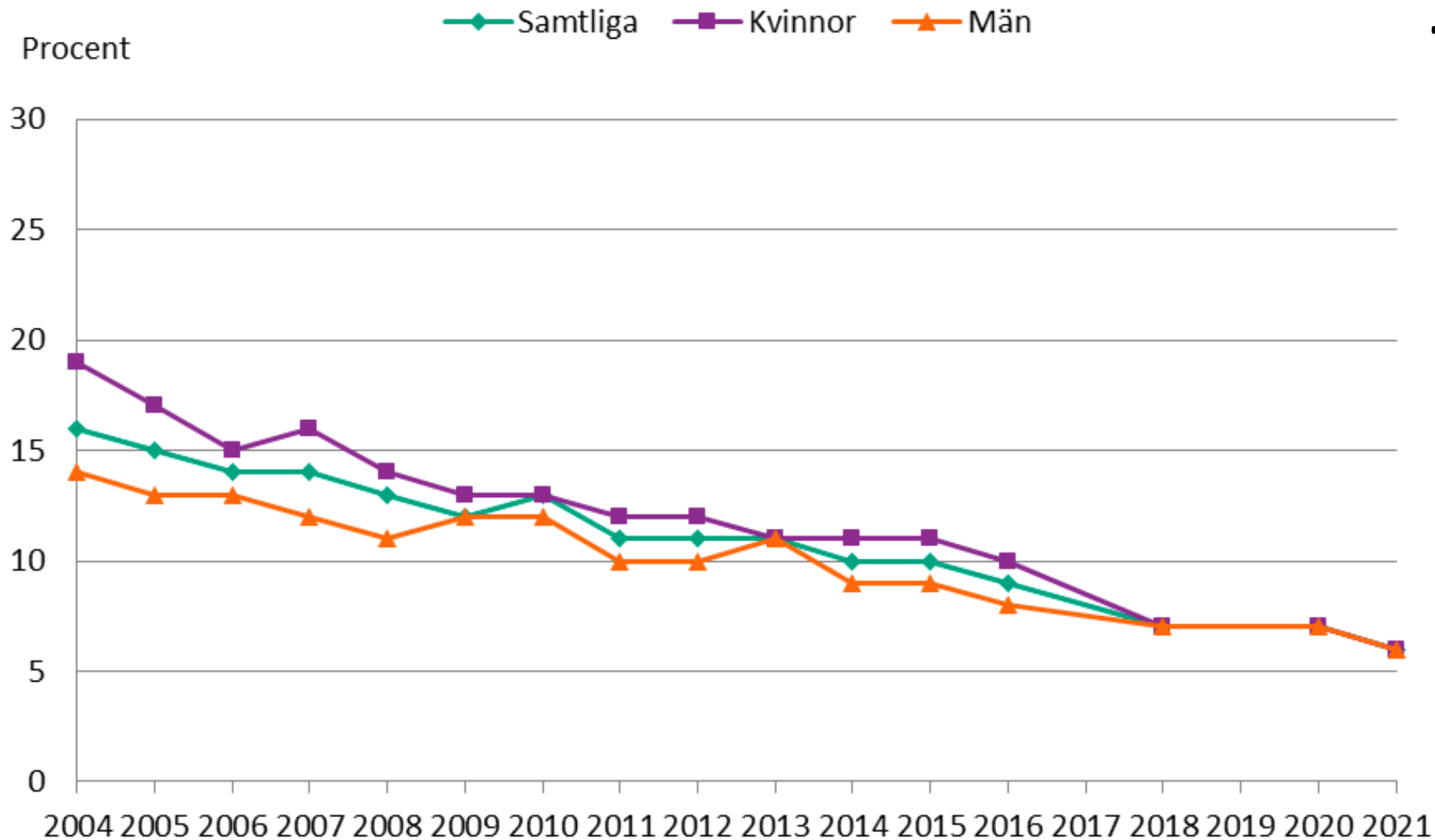
	KOL rökare/ex rökare	KOL aldrig rökare
Ålder	> 40 år	> 30 år
Symtom - hosta	+	+
- sputum	++	+
- dyspne	++	+
Exacerbationer	++	++
Samsjuklighet	++	+
Lungfunktion - luftvägsobstruktion	+++	++
- hyperinflation	++	+
- små luftvägar	+	++
- DLCO	sänkt	normalt
Skiktröntgen - emfysem	++	0
- air trapping	+	++
Inflammation	neutrofiler	neutrofiler/eosinofiler
Läkemedelseffekter	bronkdilaterare, ICS	okänt

DAGLIGRÖKARE I SVERIGE 1980-2014



Källa: SCB, Folkhälsomyndigheten

- 2021





Du är här: [Hem](#) / [Information om SLMF](#) / SLMFs tobakspolicy

Om SLMF

Stadgar

Styrelsen

Verksamhetsberättelse

Mötesprotokoll

Hedersmedlemmar

Hur blir jag medlem?

Nya medlemmar i SLMF

Lungmedicinska enheter

Besvarade remisser

Historik

Miljöpolicy

Tobakspolicy

SLMFs tobakspolicy

SLMF verkar för ett tobaksfritt samhälle genom att stödja förslag och åtgärder som avser

- förhindra att individer exponeras för tobaksrök
- förbud eller begränsningar av tillsatser i tobaksprodukter
- kontroll av tobaksbruk, exempelvis genom ökad beskattning
- tillförande av ökade resurser för tobakspreventivt arbete och tobaksavvänjning
- stärka forskning om tobaksprevention och tobaksavvänjning
- att ej acceptera direkt eller indirekt stöd för tobaksindustrin i sin verksamhet
- ett totalt stopp för allt tobaksbruk år 2025

Dela den här sidan



“ett totalt stopp för allt tobaksbruk år 2025”

VILKA VÄGAR LEDER DIT?



SMOG

We all know what **SMOG** is—that horrible mixture of fog and smoke—and we heartily dislike it.

We dislike it because it is uncomfortable to breathe, makes everything dirty and is very depressing.

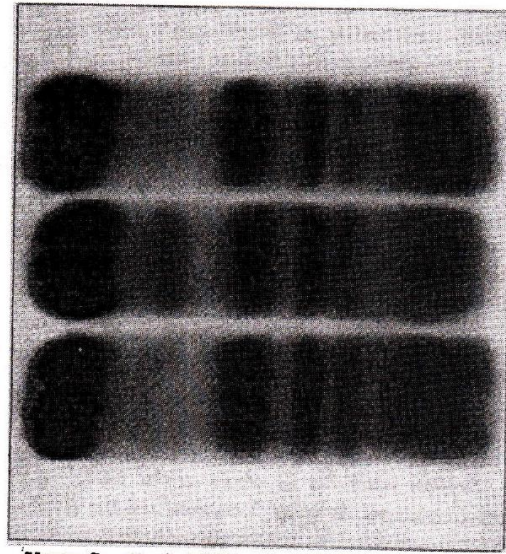
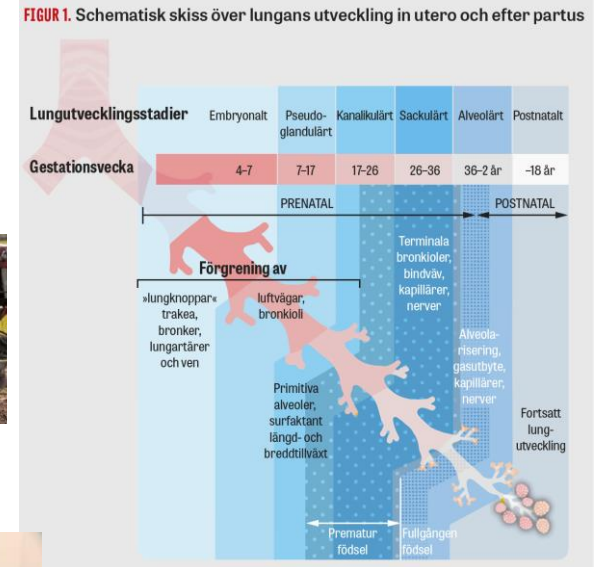
For most people **SMOG** is merely a nuisance but if we are **GETTING ON IN YEARS** and especially if we suffer from **CHRONIC BRONCHITIS** we have the care of such persons **SMOG** is something we should take more seriously.

A FEW SUGGESTIONS FOR YOU!

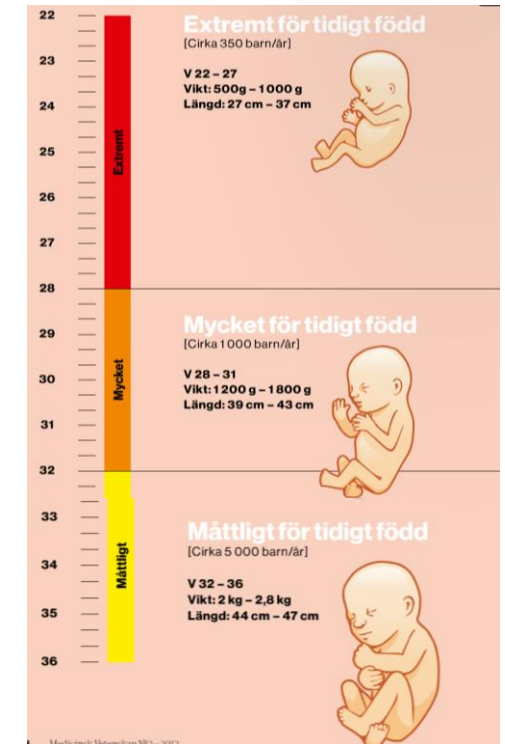
- ★ Stay indoors, **ALL THE TIME**—this is most important. If hooting is a problem, try and get a neighbour or friend to help you.
- ★ However, if it is **ABSOLUTELY NECESSARY** for you to go out, then it is wise to discuss with your doctor whether you should wear one of the masks which you can get free of charge through the National Health Service.
- ★ Avoiding draughts will help to keep **SMOG** out of the house and will also keep your rooms warmer.
- ★ Make a contribution yourself towards preventing smoke by using a **SMOKELESS FUEL**—such as gas and hard coal, anthracite, Welsh Dry Steam Coal, "Pharmacie" "Coalite" and "Renco." If you must use coal, never bank up the fire at night.
- ★ There is no need to be frightened of **SMOG**—but it is sensible to take **EXTRA CARE** while it lasts.

Expert advice on fuel economy and smoke prevention can be obtained from your Medical Officer of Health, the C.C.H.E. or from Solid Smokeless Fuels Federation, 74 Grosvenor Square, London, W.1 from whom leaflets can also be obtained

Central Council for Health Education, Tenabock House, Tenabock Square, London, W.C.1 Telephone: 0130 1211



Upper: Case No. 2. Middle: Normal. Lower: Case No. 5.



SAMMANFATTNING

- Flera vägar leder till kronisk luftvägsobstruktion
 - ibland av händelser mycket tidigt i livet
- Accelererad förlust av lungfunktion vid KOL är inte obligat
- Hos cirka hälften av alla KOL-patienter kan orsaken till luftflödesbegränsningen finnas i tidiga år
- Rökning vanligaste riskfaktorn **men**
- KOL hos aldrig-rökare utgör en betydande del
 - andelen kommer sannolikt att öka i framtiden
- Hos dessa patienter bör tidiga händelser efterfrågas
- Mekanismer okända men sannolikt multipla
- Evidens för behandling av KOL hos aldrig-rökare saknas

KRONISK LUFTVÄGSOBSTRUKTION HOS VUXNA VILKA VÄGAR LEDER DIT? LUNGAN GENOM LIVET

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